

Baptist Union of Great Britain
TRAINING FOR LAY PASTORS AND PREACHERS

Course Descriptors

SPIRITUALITY

Aims

The aims of this module are:

- To introduce various descriptions and understandings of Christian spirituality.
- To explore different texts and resources that can serve as guides for the spiritual journey.
- To help participants reflect on their own personal journey with God.

Description

In this module, participants will explore the meaning of Christian spirituality, and be encouraged through experiential learning to deepen their own spiritual life. They will study selected texts from a wide range of sources and traditions, so opening up for them different strands of spirituality, and enabling them to explore what it means to follow a particular spiritual path or discipline.

Learning Outcomes

By the end of this module, participants should be able to demonstrate:

- A knowledge of key people and texts that have contributed to the development of Christian spirituality.
- An appreciation of different spiritualities and how they contribute to Christian living.
- An understanding of their own spiritual journey and how this might be deepened in the future.

Assessment

There will be two assignments to be completed. It is expected that at least one of these will be a written piece of work (1200-1500 words) on a theme central to the area of learning covered in this module. The other may be the preparation of a 'journal', to include a variety of ways that illustrate the participant's engagement with the issues covered in this module (eg book review, poetry, case study).